

# INTERNATIONAL KETTLEBELL ORGANIZATION (IKO)

## LEVEL 3 INSTRUCTOR CERTIFICATION TERMS, LIABILITY WAIVER & PARTICIPATION AGREEMENT



By registering for the IKO Level 3 Certification Course, Participant agrees to the following:

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### 1. ELIGIBILITY & EXPERIENCE REQUIREMENTS

Participation is limited to qualified instructors.

Participant must:

- Hold Level 2 Instructor Certification from a recognized kettlebell organization;

OR

- Hold Level 1 Certification with significant coaching and lifting experience, subject to approval by the IKO Master Coaches Council.

Participant must possess demonstrated experience with:

- Double Kettlebell Long Cycle
- Double Kettlebell Jerk
- One-Hand Switch Snatch

IKO reserves the right to verify qualifications and withhold certification if standards are not met.

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### 2. ATTENDANCE REQUIREMENT

Live attendance is mandatory.

Failure to attend the live online sessions will result in:

- No certification issued. The participation ticket may be transferred and applied toward the next upcoming LEVEL 3 Certification Course.

Course recordings will be available for three (3) months following the event for review purposes only and do not replace required live participation.

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### 3. NON-REFUNDABLE POLICY

All participation fees are strictly non-refundable.

By registering, Participant acknowledges that:

- No monetary refunds will be issued for any reason, including illness, scheduling conflicts, travel issues, or technical difficulties.
  - The participation fee may be applied toward another IKO certification or coaching service of equal financial value.
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### 4. ASSUMPTION OF RISK

Kettlebell sport training involves inherent physical risks including, but not limited to:

- Musculoskeletal injury
- Joint stress
- Overuse injury
- Cardiovascular strain
- Serious bodily injury

Participant voluntarily assumes all risks associated with participation.

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## **5. MEDICAL RESPONSIBILITY**

Participant represents that they are physically fit to participate and have no medical condition preventing safe involvement. Participant accepts full responsibility for their health and participation.

IKO does not provide medical supervision or insurance coverage.

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## **6. RELEASE OF LIABILITY (CALIFORNIA LAW)**

To the fullest extent permitted by law, Participant releases and holds harmless:

International Kettlebell Organization (IKO), Denis Vasilev, IKO Master Coaches, instructors, agents, and affiliates.

from any and all claims, liabilities, damages, or causes of action arising from participation in the Level 3 Certification, including claims based on ordinary negligence.

This release does not apply to gross negligence or willful misconduct.

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## **7. EQUIPMENT & ONLINE RESPONSIBILITY**

Participant is responsible for maintaining safe equipment and a safe training environment during online participation.

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## **8. INTELLECTUAL PROPERTY**

All course materials and recordings are the exclusive property of IKO and may not be reproduced or distributed without written permission.

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## **9. GOVERNING LAW**

This Agreement shall be governed by the laws of the State of California.

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## **ACKNOWLEDGMENT & AGREEMENT**

By checking the Terms & Conditions box during registration, Participant acknowledges and agrees that:

- Have read and understand this Agreement
- Meet the experience requirements
- Accept the mandatory attendance policy
- Acknowledge the non-refundable participation fee
- Voluntarily waive certain legal rights